



# Abberley Parochial V.C. Primary School

*Inspiring Hearts & Minds*

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## **PERSONAL, SOCIAL and HEALTH EDUCATION AND CITIZENSHIP POLICY** (Reviewed November 2015)

### **1. Aims and objectives**

Personal, social, health and Citizenship education (PSHEC) enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing, we help develop their sense of self worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy. We believe all children should understand their rights and responsibilities and what it means to be a positive member of a diverse multicultural society.

#### **1.1** The aims of PSHE and Citizenship are to enable the children to:

- Know and understand what constitutes a healthy lifestyle;
- Be aware of safety issues;
- Understand what makes for good relationships with others;
- Be independent and responsible members of the school community;
- Be positive and active members of a democratic society;
- Develop self confidence and self esteem and make informed choices regarding personal and social issues;
- Develop good relationships with other members of the school and the wider community.

### **2. Teaching and Learning Style**

**2.1** PSHEC is an integral part of the school curriculum. It is embedded into our teaching and planning from the Early Years Foundation stage right through to Key Stage 2. We aim to use a range of teaching and learning styles and strategies to suit the different and varying needs of the children. We place emphasis on teaching our children independence, encouraging social skills and also developing a strong awareness of citizenship. We allow our children to put this into practice through active learning so that they will understand and realise how these skills can be used in real life situations within school and also outside of school.

**2.2** We offer children the opportunity to hear visiting speakers, such as health workers, police and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive community. We also offer residential trips in Key Stage Two, where there is a particular focus on developing pupil's self esteem and giving them the opportunity to develop leadership and co-operative skills.

**2.3** In Key Stage 2 Citizenship is given an important place in the school curriculum through our citizenship programme. Children are given the choice of joining a particular citizenship group which has a specific role in school. Current groups include E-safety, Key Stage 1 Buddies, Charity group, Little Rotters, CREW, Global issues and ECO. The children are overseen by an adult but are encouraged to run their group themselves having meetings and planning what they need to do to achieve their objectives.

### **3. Curriculum Planning**

**3.1** In our school we use the Cambridgeshire scheme of work as a guide for teaching PSHEC. Teachers ensure that the programme of work planned meets the requirements of the national curriculum for each year group. Teachers are encouraged to use other materials, resources and activities to enhance their planning and develop the specific needs of the children.

**3.2** PSHE and Citizenship is also taught through other subjects. For example, when teaching about local environmental issues in geography, we offer pupils the opportunity to explore who is responsible for the maintenance of the local area. In Science we teach about Keeping Healthy and Our Body. PSHEC topics are also covered through both our RE teaching and Collective Worship programme.

### **4. Foundation Stage**

**4.1** In the Foundation Stage PSHE is closely linked to the Early Learning Goals and is a very large part of the children's ongoing learning every day. Through the Foundation Stage we aim to encourage and teach values such as friendship, sharing, independence and respect. Children are taught to listen to each other and take turns to talk. Independence is encouraged to enable every child to develop self-confidence and talk responsibility.

### **5. Teaching PSHE and Citizenship to children with special needs**

**5.1** PSHEC is taught to all children. Lessons are appropriately differentiated to take account of the children's interests, aptitudes and abilities. The teachers provide learning opportunities matched to the individual needs of children with learning difficulties. For children with IEPs PSHEC is planned and delivered in line with each child's individual targets.

### **6. Assessment and Recording**

**6.1.** Teachers assess the children's work in PSHE and Citizenship both through observation during lessons and by formal assessment of their work, measured against the specific learning objectives set out in the National Curriculum. We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage. There is also opportunity for children to self-evaluate their own learning. Children are encouraged to keep records of their wider PSHEC learning, for example through their involvement in the Citizenship groups.

**6.2** Teachers record the achievements of pupils in PSHE and Citizenship. We report these achievements to parents each year.

### **Resources**

PSHEC is delivered through a variety of media including song, story, drama and music. A variety of resources in addition to the Cambridgeshire Scheme of Work are kept in School and these are available to all staff.

## 8. Monitoring and Review

**8.1** The PSHEC subject leader is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader supports colleagues in the teaching of PSHE and Citizenship, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school. The subject leader is also responsible for giving the head teacher a subject action plan evaluating strengths and weaknesses in the subject and indicating areas for further improvement.

### Note

**This PSHE and Citizenship policy should be read in conjunction with the Health, Safety and Welfare Policy.**

**Signed .....**

**Date.....**