

Just a minute!

Have a guess (estimate) how many times you can do each activity in a minute.

Now time yourself doing the activity for one minute.
How good was your estimate?



| Activity | Estimate | Actual |
|-------------------------------------|----------|--------|
| Writing your name | | |
| Star jumps | | |
| Threading beads | | |
| Hopping across your garden | | |
| Singing twinkle twinkle little star | | |
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